



# Chair of Trustees

## Recruitment pack

**Could you be the next Chair of Wellbeing Scotland? We are looking for a motivated and forward-thinking person to lead our Board and support the growth of our charity.**

### About Wellbeing Scotland

Wellbeing Scotland provides support for people who have been impacted by any form of child abuse, helping them to build safety, understanding and connection through emotional support, counselling and group work. Our trauma-informed approach ensures that every client is met with dignity, compassion and specialist expertise.

In recent years we have undergone a significant restructure and renewed our focus on providing high-quality, evidence-based support across 3 areas of provision:

- Children & Families
- Adults (including adults abused in the Scottish care system)
- Access to Records

A trusted delivery partner for Future Pathways and the Redress Support Service, referrals come to us via the NHS, social work, education and other third sector organisations as well as from survivors themselves.

Our impact has national reach, with services delivered in-person at premises in Alloa and Glasgow, as well as online and by telephone. We are proud to be a recognised member of COSCA, reflecting our commitment to ethical practice, professional integrity and the highest standards in counselling and psychotherapy.

### Our vision

Our vision is that people who have been affected by child abuse are seen, heard and empowered within a safe, inclusive and supportive space.

### What our clients say

***“Wellbeing Scotland has been the only place that has helped me, and I’ve been involved in a lot of services.”***

***“Wellbeing Scotland’s support has been a ‘life saver’.”***

***“I can only repeat that this has changed my life. I know that I put in the work, but to find someone who just ‘gets you’/you connect with, has made this huge change possible. I am so grateful as I have gone from being at home, always anxious, to now living a full life, with a job and a social life again.”***





## Where we are right now

The funding climate is challenging and financial sustainability is one of our key priorities. Our Board is currently in a period of transition. We recently said goodbye to some long-standing members and are now looking for new trustees with fresh perspectives and energy. This is an opportunity to broaden our skillset and ensure the organisation is well supported for its next chapter.

We have a strong, capable and committed team delivering high quality services, supported by senior leaders who understand and promote the importance of staff wellbeing and professional development.

**The Chair's role will be crucial throughout our next phase: providing steady leadership, supporting the Board through change, and ensuring the ongoing resilience of the organisation.**

## Key responsibilities of the Chair:

- Provide effective leadership, ensuring the Board fulfils its legal, strategic, and trustee responsibilities
- Chair Board meetings and the AGM, enabling constructive discussion and effective decision-making
- Ensure the Board operates in line with the charity's governing document, charity law, relevant regulations, and best practice in governance
- Act as a bridge between the Board and the senior leadership team, maintaining clear boundaries between governance and operational management
- Monitor organisational performance against agreed strategic objectives and ensure appropriate risk management
- Represent and champion the work of Wellbeing Scotland with partners, funders, supporters and wider networks

This is a voluntary role requiring attendance at 6 Board meetings per year plus additional support in line with the responsibilities of the role.

## Who are we looking for?

We are looking for a motivated and collaborative Chair to proactively lead and support our organisation, providing strategic direction and insight to ensure we achieve our vision.

Previous experience as a Chair is desirable but not essential. Most important is your commitment to our work and to using your experience to help us achieve our vision

We actively welcome expressions of interest from people of all backgrounds, professions and life experiences. We are committed to building a Board that reflects the diversity of our community.

## How to apply

For further information and to arrange an informal chat, please email [info@wellbeingScotland.org](mailto:info@wellbeingScotland.org) with a CV and/or LinkedIn profile. Candidates will be shortlisted for further conversation or interview.

## More information:

[www.wellbeingScotland.org](http://www.wellbeingScotland.org)

[Annual Report 2024 / 2025](#)

Blog: [It's time to talk about child abuse](#)

**“When I started this process I felt worthless, with no confidence. This has really changed how I feel. I am now looking forward to the future.”**